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REQUEST FOR CONFIDENTIAL COMMUNICATIONS

I, _____ [patient name], or the parents or legal guardian of the patient, hereby request that I receive communications regarding my protected health information only by using these methods:

- ☐ US Mail at this address _____.
- ☐ E-mail using this address _____ @ _____.
- ☐ By telephone or text at this number (_____) _____ - _____.
- ☐ Other:

If this affects my payment arrangements, payment will be made as follows:

I understand that you will agree to all reasonable requests for alternative communications, but may deny a request if I do not provide a clear method of contact, or if I do not provide information regarding how payment will be made.

Signature of Client (or Parent or Legal Guardian)

Date